

Life Skills – Problem Solving

The Problem Solving Approach



Aim of the Game: To go through the problem-solving approach.

Learning Objectives:

- To discuss the problem statements.
- To use the problem-solving technique.

Structure: Small groups discussion.

Time: 30-45 minutes

Materials: Visual Aid "Problem Solving Approach" and problem statements.

Method:

- Present and explain the following visual aid to the group:

The Problem-Solving Approach is a Scientific Approach

- 1. State the problem** (What is the problem and why is it problematic?)
- 2. Hypothesise** (List possible causes and effects - what are the causes and effects of this problem?)
- 3. Experiment** (List down possible solutions to try)
- 4. Observe** (List down the observations)
- 5. Conclusion** (Write down your final solutions to the problem)

- Hand out the problems statements to each group for them to work on using the problem-solving approach.

The Problem Statements

- 1. Young people are dropping out of school.**
- 2. Young people are pressured by a gang to join them.**
- 3. There is a bully in the class.**
- 4. A teenage girl is the subject of gossip in school.**
- 5. A teenage boy is being ridiculed by his friends.**

Evaluation:

- How was the experience of using the problem-solving approach?
- What factors influenced your hypothesis?
- What daily problems do young people in your country face and what can they do to solve them?
- Why do you think young people need to be able to solve the problems that they face?