



## **Life Skills – Problem Solving**

### **Dr Quack**



**Aim of the Game:** To untangle a group structure.

**Learning Objectives:**

- To exercise problem solving
- To talk about the process of problem-solving.

**Structure:** One big group with one person who solves/untangles the problem.

**Time:** 20-30 minutes

**Materials:** None

**Method:**

- Ask a volunteer to step out of the room/venue and wait until he/she is called back.
- Ask the remaining group to form a big circle, holding hands and begin to form as many tangles by crossing over and under without breaking the circle. What one sees after doing this is a tangled structure of people's hands together.
- Ask the volunteer back and inform him/her that the challenge is to untangle the structure to form a perfect circle making sure that people keep holding hands at all times.
- Ask around 5 volunteers to untangle different structures.

**Evaluation:**

- How did you find the game?

**To the volunteers**

- How was it to untangle the structure?
- What did you do to solve the 'entanglement?'

**To the whole group**

- When do we face entanglements in our lives and how do we undo them?