



Life Skills – Interpersonal Relationships Skills People Around Me



Aim of the Game: To examine your relationships with other people.

Learning Objectives:

- To identify the people with whom you have relations.
- To determine ways to improve these relationships.

Structure: Individual and then sharing in plenary.

Time: 15-30 minutes

Materials: Worksheets, pen/chalk/board or a large sheet of paper.

Method:

- First establish the fact that no person lives in a vacuum. Talk about the proverb '**No Man is an Island**'.
- Ask the Scouts what they understand about this proverb.
- Stress that everyday, people have to deal with people and these relationships are called 'interpersonal relationships'.
- Ask the Scouts why it is important to have good interpersonal relationships. Then ask them to define the parameters of these relationships.
- List these on the board or sheet of paper. In addition to what the Scouts provide, include the following basic attributes:
 - Trust and Honesty,
 - Loyalty and Faith,
 - Confidence and Confidentiality,
 - Open channels of communication
 - Warmth and Love.
- Firmly establish/agree that these factors affect the **quality of our relationships** with other people. These can determine whether certain relationships are excellent or poor.
- Then give each Scout enough time to complete the worksheet.
- Ask the Scouts to share their results with others in small groups or in plenary.

Evaluation:

- How did you find the activity?
- Looking at your worksheets, what did you discover?
- Which relationships can be improved and how?
- What do you think we need to do to improve our relationships with others?