

Life Skills – Coping with Emotions

Home - Street and Child



Aim of the Game: To try to find a home.

Learning Objectives:

- To talk about feelings of security and safety, and ways of coping in the absence of these feelings.

Structure: Groups of three (two forming a house and a person inside as the child).

Time: 15-30 minutes

Materials: None

Method:

- Ask the Scouts to group themselves into threes. In each group, two people form the 'home' by joining hands together, and the third gets 'inside the home' as the 'child'.
- The groups of three form a big circle in the area and one (that is YOU) stands in the middle as the first 'it'.
- The 'it' calls out 'home - street - child' at least 3 times and then stops at just one.
- If the 'it' stops at 'child' the 'children inside the homes move out and look for and enter another 'home' and 'it' moves into a 'home'.
- If the 'it' stops at 'home' the 'children' stay while the 'homes' divide up and then look for and cover another 'child'.
- If the 'it' stops at 'street' everyone else looks for two other people for form new 'homes' with a new 'child'.
- The person who neither becomes part of a home nor the child inside becomes the new 'it'.
- Play as many rounds as enjoyed by the players.

Evaluation:

- How did you find the game?
- How did you feel when you were the 'child' who was able to find a 'home'?
- What about when you were not able to find a 'home'?
- How do you feel when you are left out?
- What real life situations are like this? (when you feel left out and not secure)
- What can we do when we are faced with such situations?