



Life Skills – Decision Making

My 24 Hour Life



Aim of the Game:

To list situations that require decisions

Learning Objectives:

- To analyse daily situations that require decision making
- To analyse the factors and variables that affect the decisions made

Structure:

Small group discussions (e.g. by patrol)

Time:

15-30 minutes

Materials:

A chart drawn on a large sheet of paper and pens

Method:

- Present the chart to the groups (noting that the time needed can vary and may need to be adjusted) and ask them to list down the situations in their daily lives that require them to make a decision.
- Allow ample time for the groups to think and let them take turns in presenting their outputs.
- Remember to write their answers (key words) during the processing.

Evaluation:

- Reflecting on all of your 24-hour decision charts, what do you notice?
- You listed a number of decisions/actions in the second column, what do you think influences your decisions/actions?

