



Activity Treasure Chest

Balloon Prayers



Purpose: To help Scouts develop empathy and write short prayers on behalf of others

Development Stage:

- Identifying the problems
- Measuring change

Instructions:

- A topic is chosen in relation to the Gifts for Peace project.
- Each Scout is given 2 – 3 minutes to think about this topic and what it means to them.
- Each Scout has a pen and a small piece of paper.
- On the piece of paper each Scout writes down a short prayer in relation to the chosen topic.
- Once the prayer is written it is folded up and placed in a un-inflated balloon.
- Each balloon is then blown up with a separate prayer inside.
- The blown up balloons are then used in a game or batted around the circle.
- At the end of the evening or once the balloons are mixed up the Scouts can burst the balloon and read the prayers out loud.
- The sentiments expressed by the Scouts will be a measure of their understanding of the topic and their empathy towards the people involved.

Alternatives: Scouts can be asked to write and read their own prayers or work together and develop a Scouts' Own on a topic related to their Gift for Peace.

Equipment Needed: Balloons, paper, pens or pencils